Dementia: demographic perspective and the effects for municipalities

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Aging: demographic perspective and the effects for municipalities
Aging: demographic perspective and the effects for municipalities

Figure 1. Percent distribution of world population 60 or over by region, 2006 and 2050

Source: United Nations Department of Economic and Social Affairs (1).
Active aging*: demographic perspective and the effects for municipalities

* World Health Organization

* Source: Kalache & Kickbusch (12).
Mental Health (impaired memory): demographic perspective and the effects for municipalities
Dementia: demographic perspective and the effects for municipalities
World Health Organization (3 pillars)

• Encourage Participation
• Promote (Mental) Health
• Ensure Safety
World Health Organization: active aging determinants

• Culture and Gender
  • Multiple tasks are decreasing attention

• Health promotion, disease prevention, adaptation, access to care
  • Agenda as useful memory aid

• Adopt healthy lifestyle
  • Medications and their consequences on memory

• Adapt physical environment
  • Fire detection to prevent consequences of forgetfulness

• Promote social contacts
  • Understanding memory to improve interindividual relationships
Usefulness of action programs
Dementia: demographic perspective and the effects for municipalities

Dementia Prevalence Among Those 65 Years or Older

Source: JAMA Intern Med. Published online November 21, 2016
Thank you for your attention